

CYCLONE SCOPE

A newsletter for families and friends of
École Intermédiaire Central Middle School



November 29, 2017

<http://central.rdpsd.ab.ca>



Principal's Message

Dear Parents & Guardians;

I would like to thank all parents who attended our Parent Teacher Interviews in November. As educators, we value your commitment to your child's learning.

December in a school is a month filled with great activities, holiday concerts, themes, and lessons throughout the entire month. For many students, life outside of school can become quite busy during this time of year. As we spend the upcoming season reflecting on our accomplishments and adventures during 2017, it may become challenging for students to stay focused the last few weeks before Winter Break. Over the next few weeks, please take time to reinforce with your children the importance of having a strong finish to the year.

As the holiday break nears, I'd like to wish everyone a happy and safe upcoming holiday season. I hope that everyone has an opportunity to relax and enjoy family and friends during this holiday season. At the end of the day, spending time with our loved ones and making memories is what life's all about. Please encourage your child to enjoy this opportunity to recharge their batteries, relax and pursue interests that they have not had time for due to their schoolwork and schedule.

On behalf of the Central Middle School community, I would like to wish everyone a Happy Holiday.

Sincerely,

Darrin DeMale
Principal

École Intermédiaire
Central Middle School
5121 48 Avenue
Red Deer, AB
T4N 6X3
403-346-4397
Office hours are from
7:45am to 3:30pm

ATTENDANCE
Phone 403-342-2450
or Email link at
<http://central.rdpsd.ab.ca/Attendance.php>

Please be sure to inform the school if
your child is going to be absent or
late.

The newsletter is published
the last Wednesday of the
month.

Also, check the School's
Website for the newsletter,
eLink, calendar, homework
and more:
<http://central.rdpsd.ab.ca>

Notes from the Band Room:

Hopefully all of you have seen the November Band Newsletter on the school web site regarding Central Middle School's Winter Band Concert at the Red Deer College Arts Centre on **Tuesday, December 5th at 7:00 pm**. Please refer to the information below for further details about our concert.

Tickets will be on sale beginning Tuesday, November 28th for the event. Tickets can be purchased anytime in the Band Room or at the Main Office. Tickets will be \$10.00 each. There will also be a family rate of \$25.00. The family rate includes immediate family and grandparents. Tickets will also be sold the night of the concert in the foyer of the Arts Centre.

Upon arrival at the college, students will assemble in their designated warm-up room and wait to be escorted to the theatre to perform. Upon completion of their performance, students will return to their warm-up room, put their instrument away, and then wait to be escorted back to the theatre by adult supervisors.

Students are asked to arrive in **CONCERT DRESS** (black pants/skirt, shoes, socks/nylons, white shirt/blouse) with their instrument, music, extra reeds, valve oil, etc. by the following times for warm-up and set-up:

NOTE: Students who play large instruments such as the bari sax, tuba, baritone, and bass clarinet are responsible for transporting their own instrument to and from the concert. See Mr. Pearson if this is a problem.

CONCERT ORDER:

BAND	WARM -UP TIME & PLACE	APPROX. PERFORMANCE TIME
Jazz Band	6:00 pm – Classroom AC159 6:10 pm – taken to Main Stage	7:00 p.m.
Grade 6 Band	6:30 pm - Studio D 6:45 pm – taken to Main Stage	7:25 p.m. approx.
Grade 7 Band	7:15 pm - Studio D	7:45 p.m. approx.
Grade 8 Band	7:30 pm – Classroom AC159	8:10 p.m. approx..



Any parents that are willing to help out with supervision, collecting ticket stubs for the door prize draw, or handing out programs the night of the concert can contact Mr. Pearson.

If you have any questions please feel free to give me a call at 403-346-4397.

Request from Mme Gough

Anyone willing to donate old sweaters or decorations for students to make "Corny" or "Cheesy" Christmas sweaters, please bring them to the school for Mme Gough by December 6th. Thanks in advance!



Leadership News

Hot dog fundraiser - there is still time to get in forms for December 6th's hot dog lunch!

WE School - CMS has successfully, after years of hard work and determination, reached the \$10,000 goal for the construction of a school in Africa! Congratulations to all of the leadership students and teachers on their achievement!



Volleyball Wrap Up

Central Middle School Volleyball = HUGE SUCCESS

Central Middle School's Junior and Senior Volleyball teams finished their season in late October and early November with huge success.

The Junior Girls and Boys teams both drew record numbers of athletes on their teams. The athletes practiced once a week and improved their skills immensely. They got to travel to play other school teams in the district and had lots of fun and success. Great job Junior Cyclones!

The Senior Girls and Boys teams both finished first in points after round robin league play. They had a spirited head to head battle at the school pep rally, with the boys coming from behind 17-23 to beat the girls 27-25. The gym was electric for that match. The confidence built throughout the season transferred to success in the league final tournament, as the Central Senior Girls beat West Park in the final 15-12 in the 3rd, and the Central Senior Boys beat Eastview in the final in straight sets. Great job Senior Cyclones!



Counselling Services

Individual and/or group counselling is offered for personal, social, friendship or academic issues. Students are invited to work on individual goals, as identified by them. Services are assessed by the student, parent/guardian, or teacher/ administrator. Appointments may be made in person or by calling Karen Sveinson at (403) 342-3777 or Megan Cote, my practicum counselling student. In addition, our community liaison worker Courtney Fraser offers services to parents and students and can be reached at 403-346 -4397 ext 216.

Grade 8 Inspired 2B Me Girls have enjoyed the last month with a focus on fitness and wellness. We look forward this month to volunteering, make-up and hair/nail treatments, along with our high tea.

Noon clubs have been active with many students joining in to play board games, knitting, and make bracelets. The mentors and mentees have enjoyed making gingerbread houses to be donated to the class that brings in the largest number of gift cards.

Swap-n-Shop

We will be running an elephant table during December for your child to shop for Christmas presents. We are looking for gently used gift items for all ages including: toys, jewelry, games, books, computer games, cosmetics, Christmas ornaments, etc. Any donations of Christmas wrap or gift bags and tissue would be greatly appreciated.

Also looking for gently used running shoes and boots.

'Tis The Season For Giving! - STARS Team and Counselling Team:



Central Middle School has always been a big supporter of several Christmas charities. This year we are contributing in the following ways:

Gift Cards for CMS Families - Each year we have a large number of families who we support with a Christmas hamper which includes a Christmas dinner and gift cards so the family can buy presents.

We will graciously accept gift cards in any denomination from Walmart or any store in Red Deer. For each student or business that donates a gift card their name will be written on an outline of a star and placed in the Christmas activity directly across from Mr. Coughlin's' room. The STAR students will assist us with this Christmas giving activity and the art department will create the display. We will ask that gift cards be handed in to the office by Monday Dec. 18 as hampers will be delivered a week prior to Christmas break.



If you and your family is in need of a Christmas hamper or gift cards please contact Mrs. Sveinson.

In addition to collecting donations, the student STARS team and Leadership 8 class are working on a number of things to show a spirit of giving and caring over the holiday season:



Christmas Cards For Our Neighbors - the students are creating and will be delivering Christmas cards for people who live in our downtown community as well as for many nearby local businesses.



Gifts for Grandparents (Family Services of Central Alberta) - The STARS student team is once again decorating the large gift bags for this project and will be making Christmas cards for the many older adults in our community who may be alone at Christmas time or who are on a fixed income.



Our CMS Swap n' Shop has been open weekly for students to have the opportunity to "shop" for Christmas gifts and/or winter items for their families and friends. Our Swap n' Shop volunteers will run a gift-wrapping table so students could take their gifts home wrapped and ready for the holidays.

Crumbs from the Breakfast Program



We are seeing lots of students, and it's great so many are taking advantage of the breakfast program, which is available to any student who feels the need for something to eat when they arrive at school in the morning. We offer a balance of healthy breakfast items, such as: eggs, yogurt, cheese, milk, juice, fruit, hot and cold cereals, and toast.

Our program is entirely volunteer-run and is funded by donations from parents, our community, and sometimes, our students! This month we could use donations of: 1L containers of apple juice and granola bars (no nuts please). Special thanks to new donations from Care Industries and the Kumar Family, as well as Red Deer Co-Op for donating bread on a weekly basis. It's so awesome to see the support our program is getting! Many families have also dropped off food donations and we are so grateful for that support as well.

We wish to thank the parents and community members who have volunteered to help run our program this year. We can always use one or two more volunteers – please let us know if you have a few hours a month to help us out.

If you have any questions or suggestions about the program, please contact:


Kristine Plastow at kristineplastow@gmail.com or (403) 506-6553

Shireen Anderson-Kuprowski shireen-allan@telus.net or (403) 358-9113

Report Cards

Report cards will be available to view online starting December 6th @ 3:00pm. Paper copies will not be sent home. Please view your child's report card through your PowerSchool account. Feel free to contact the school if you require a paper copy of the report card or need help accessing PowerSchool. Instructions on creating a Parent Powerschool account can also be found on our CMS website.

December, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Period order 1234 567	1 Term 1 Ends Timetables go home Town Hall	B 2
3	4 Term 2 Begins Option changes	A 5 Option changes Winter band concert at RDC 7pm	B 6 Report cards go home Inspired 2BMe High Tea Hot Dog lunch	A 7 No School K - 8	8 No School K - 12 Staff Learning Day	9
10	11 Candy Cane Sales @ lunch	B 12 POST	A 13 Winter Formal Dance 6-8pm	B 14 POST	A 15 Hot Choc Sale Ugly Sweater Day Comp. Course Rec.	B 16
17	18 A	19 B POST	20 A Newsletter	21 B POST	22 A 1:48 Dismissal Hot Choc Sale	23
24 Christmas Eve	25 	26	27	28	29	30
Christmas Break No School						
31 New Year's Eve		Notes TD = 16 K-8 = 14 HS = 15				