



# WE ARE CENTRAL CYCLONE SCOPE

Feb 12th, 2021 - Winter Break Edition

## Principal's Message:



Parents and Students,

Congratulations - we've made it halfway through the school year! While there have been struggles, I feel confident that we are on a path toward a greater sense of normalcy. I would like to thank our students, parents, and community members for all of their support during these challenging times. As we continue to move forward, we encourage parents to be vigilant in monitoring student grades through PowerSchool.

As a school we have undertaken a lengthy process that challenged students, staff and our School Council (parents), to come up with a purposeful motto for Central Middle School. If you are interested in the process then check out the following Google Slide Show that we created and shared with all CMS students.

### [WE ARE CENTRAL - GOOGLE SLIDE PRESENTATION](#)

Starting in the final week of February, we will begin to recognize students around our school that demonstrate characteristic traits of what we have determined as being part of the "We are Central" theme. In February we are recognizing the "C" in Central which coincides with Caring and Creative; 2 students from each Homeroom Class will be identified. Students will be recognized with certificates and their names shared in the Cyclone Scope for parents.

We hope you enjoy this monthly feature!!

Sincerely,

Darrin DeMale, Principal

**NO SCHOOL:**

- Feb 12th: Staff Learning Day
- Feb 15th: Family Day
- Feb 16th & 17th: Winter Break
- Feb 18th & 19th: Teacher's Convention



OUR **CMS SPIRIT WEAR STORE** IS OPEN FOR ORDERS! PLEASE [CLICK ON THIS LINK](#) IF YOU ARE INTERESTED IN PURCHASING **CMS SPIRIT WEAR**. PLACE ORDERS UNTIL FEBRUARY 28TH, WITH DELIVERY AT THE END OF MARCH!

**PINK SHIRT DAY**  
**CMS AGAINST BULLYING**  
**FRIDAY, FEBRUARY 26TH**  
**YOUR STUDENT IS WELCOME TO**  
**WEAR THEIR PINK SHIRT FROM**  
**LAST YEAR, OR ANOTHER PINK**  
**SHIRT OF THEIR CHOICE.**



CLICK [LINK 1](#) AND [LINK 2](#) FOR THE UPDATED COVID-19 SYMPTOM CHECKLIST FLOWCHART - CLICK [THIS LINK](#) FOR ISOLATION GUIDANCE FOR CLOSE CONTACTS. [COVID-19 TRANSLATED RESOURCES](#)

**IMPORTANT: PLEASE INFORM THE SCHOOL IF YOUR STUDENT TESTS POSITIVE FOR COVID-19, OR IF THEY HAVE BEEN A CLOSE CONTACT OF A POSITIVE CASE OF COVID-19**

PLEASE LOGIN TO YOUR [PARENT POWERSCHOOL ACCOUNT](#) TO COMPLETE YOUR STUDENT'S [RSVP](#) AND TO SEE YOUR STUDENT'S ASSIGNMENTS AND ASSESSMENTS. **THANK YOU TO THE APPROXIMATELY 100 PARENTS WHO COMPLETED THEIR STUDENT'S RSVP THIS PAST WEEK!!! WE HAVE RECEIVED A TOTAL OF 69%!**

**THERE ARE STILL 161 FAMILIES WHO HAVE NOT COMPLETED THEIR STUDENT'S RSVP WE ASK THAT YOU DO THIS ASAP!**

---

### HEALTHY HUNGER HOT LUNCH!

- **Memphis Blues BBQ - Monday, February 22**
- **Chopped Leaf - Monday, March 22nd (order deadline: March 17th)**
- **Quiznos - Monday, April 19th (order deadline: April 14th)**
- **The Pizza Boxx - Monday, May 17th (order deadline: May 12th)**

---

### Counseling Corner and Resource Information

#### **February Break**

Kersten Johnson, the Community Liaison Worker will still be available for students and parents to contact during the break, with the exception of Feb 17th. Call or text 403-350-4577 between 8am-4pm, or e-mail [kersten.johnson@rdpsd.ab.ca](mailto:kersten.johnson@rdpsd.ab.ca)

#### **Parent Information, Resources and Webinars**

**The Community Education Service** (CES) Free, public [education sessions](#) on child and youth emotional wellness and health topics. Visit [Current Sessions](#) for a complete list of sessions available.

#### **McMan Family Resource Network**

**Free Zoom Workshops:** Register by e-mailing [jessica.boyle@mcmancentral.ca](mailto:jessica.boyle@mcmancentral.ca) or call 780.312.5422

Feb 10: Teenage Anxiety: Supporting teens through life transitions and more

Feb 17: Coping with COVID

Feb 24: Self-Regulation

March 3: Strategies to support your anxious child

#### **Alberta Health Services**

##### **Understanding and Managing Behaviours**

Free 6 week parenting series. Online through Zoom with Keir Kutney: Behaviour Specialist. Starts Feb 22nd, on Mondays at 9:30-11:30 am. Please call 403.340.5274 to register and receive more information.

#### **Food Insecurity:**

##### **Salvation Army Backpack Program:**

The Salvation Army provides a bag of snacks and small individual meals. This program is for families experiencing food insecurity. Please contact Kersten Johnson for more information.

##### **Mustard Seed Lunch Program:**

The Mustard Seed provides lunches for students whose family struggles with food insecurity at home. Please contact the school if you would like your child to participate in this program.

#### **Resources**

##### **Indigenous Support for Student Learning**

A project for Indigenous Students across Canada with limited financial resources. You can fill out an application for a student of any age in formal education (at school or at home) to receive a laptop and accessories to assist with continuing education. Click this [LINK](#) to see if you qualify to apply.

#### **Telus Internet for Good**

Internet for \$9.95 a month for 24 months. Available to PWD and AISH recipients and extended to families in need. Click this [LINK](#) for more information.

#### **McMan Family Resource Network**

- Family Connection Kits, Anxiety kits & craft kits. Contact [Kendal.Buxton@mcmancentral.ca](mailto:Kendal.Buxton@mcmancentral.ca)
- Parents with Children ages 0-6, contact Natasha Wilton, [Natasha.Wilton@mcmancentral.ca](mailto:Natasha.Wilton@mcmancentral.ca)  
403-896-6401
- Youth Programs, ages 7-18, contact Kendal Buxton, [Kendal.Buxton@mcmancentral.ca](mailto:Kendal.Buxton@mcmancentral.ca)  
403-896-4131
- Parent Education Programs: Michelle Simon, [Michelle.Simon@mcmancentral.ca](mailto:Michelle.Simon@mcmancentral.ca) 403-896-5348