



WE ARE CENTRAL CYCLONE SCOPE

[October 26th - 30th, 2020](#)

MESSAGE FROM PRINCIPAL DeMALE:



Halloween Week at Central Middle this year will once again be a spooky yet memorable experience for our students. Here is a list of activities that students can choose to be part of:

- 1) A Spooky Drawing Competition will be hosted by our Student Leadership Group. Students are to create their best Halloween art, and deliver it to Madam Lerouge in room 106 by Monday. We look forward to seeing your spooky, school appropriate art creations!
- 2) If students are enrolled in either Arts and Crafts or Foods option in Term 1 then they will partake in some interesting Halloween art or baking,
- 3) Our Student Leaders will be decorating the Lower Agora (gathering area) on Monday. Students will be given the opportunity to tour the area beginning on Tuesday.
- 4) A pumpkin carving contest will take place on Tuesday in homeroom classrooms. Students are encouraged to join a team with some classmates. Each classroom has been provided 3 pumpkins and will vote for their top pumpkin which will be entered into the school competition on Thursday with all 22 classrooms participating. Prizes will be awarded on Friday for the top 3 classroom pumpkins.
- 5) Finally, and a big tradition at CMS will be our Halloween Dress Up Day on Friday. Students can choose to participate if they want, however, participation in past years has been huge for both students and staff.

Here are some guidelines to consider when selecting costumes that will be worn at school:

- PPE masks are required for the day.
- Classes will continue as normal which means that costumes cannot hinder a student's ability to complete tasks.
- Students need to be identifiable and visible to ensure safety. Masks, coverings or make-up that results in staff being unable to identify students should not be worn.
- Costumes that are provocative, revealing, or employ questionable props will not be permitted on school grounds.
- Costumes that depict violence, alcohol or drugs are not appropriate. Fake weapons should not be brought to school.
- Costumes that could be offensive or perpetuate a stereotype of someone's culture, gender, heritage, or religion are not permitted.

[Parent / Guardian Survey on School Re-entry and Covid-19](#)

The Alberta School Councils' Association (ASCA) is conducting a survey to measure the “pandemic pulse” in the return to schooling with Covid-19 implications.

All parents / guardians in Alberta with children in Kindergarten to Grade 12 are invited to participate in the survey. Participation is anonymous, and will inform the ASCA Board of Directors on parents’ perspectives during the Fall 2020 school re-entry. The survey takes approximately 15 minutes to complete and all responses are confidential.

The survey closes on Friday, November 6, 2020 at 11:59 p.m.

[LINK TO SURVEY](#)

<https://ca.surveygizmo.com/s3/50085641/ASCApreventcovidtest>

Thank you for your time and efforts!

Darrin DeMale
Principal

SCHOOL PHOTOS:

Please click on this [LINK](#) to place your order. Contact your student’s homeroom teacher if you are missing their order code!

**PHOTO RETAKES ARE WEDNESDAY,
OCTOBER 28TH.**



LATE ARRIVALS - REMINDER TO PARENTS:

THE DOORS TO THE SCHOOL ARE LOCKED DURING THE DAY.
PLEASE CALL 403-346-4397 IF YOUR STUDENT WILL BE ARRIVING TO
SCHOOL LATE AS WE WILL NEED TO LET THEM IN.



Beginning Monday, November 2nd, Our SNACK SHACK will be open during the lunch hour. Students will still need to bring their lunch as there will only be limited snack items available for purchase (no lunch). Snacks are \$1 each.



**Sunday, November 1st - Remember to turn your clocks
back one hour - Yay, more sleep!**





Please click [non-perishable food items](#) for link to the list of items we are needing. If you're able, please donate! There will be bins placed inside each doorway for you to drop off your food items as you enter the school. Bring in as many items as you are able! The doorway with the most items will win a treat. *Please remember to check expiration dates*



ATTENDANCE:

IF YOUR STUDENT WILL BE LATE OR ABSENT, PLEASE CONTACT THE OFFICE. CLICK THIS [LINK](#) FOR THE ATTENDANCE PHONE LINE AND EMAIL ADDRESS.

STUDENTS - DID YOU KNOW...



You can access your assignments on Google Classroom from any device, anywhere, anytime?

Take a moment to log in and show your parents/guardians what you're working on in class!

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- REMINDER TO PARENTS TO CLICK THIS LINK TO YOUR [PARENT POWERSCHOOL ACCOUNT](#) AND LOGIN TO SEE UPDATES ON YOUR STUDENT'S ASSIGNMENTS AND ASSESSMENTS.
 - P/T INTERVIEWS WILL TAKE PLACE AT THE CONCLUSION OF THE FIRST TRIMESTER. WATCH FOR MORE INFO AT THE BEGINNING OF DECEMBER!



HEALTHY HUNGER HOT LUNCH IS BACK!

Please click on the link to create your parent account and place your order:

<https://healthyhunger.ca/>

- The Pizza Boxx - Monday, October 26th (order deadline: October 21st)
- Original Joe's - Monday, November 23rd (order deadline: November 18th)
- Taco Time - Monday, December 14th (order deadline: December 9th)
- Opa! - Monday, January 18th (order deadline: January 13th)
- Memphis Blues BBQ - Monday, February 22 (order deadline: Feb 17th)
- Chopped Leaf - Monday, March 22nd (order deadline: March 17th)
- Quiznos - Monday, April 19th (order deadline: April 14th)
- The Pizza Boxx - Monday, May 17th (order deadline: May 12th)



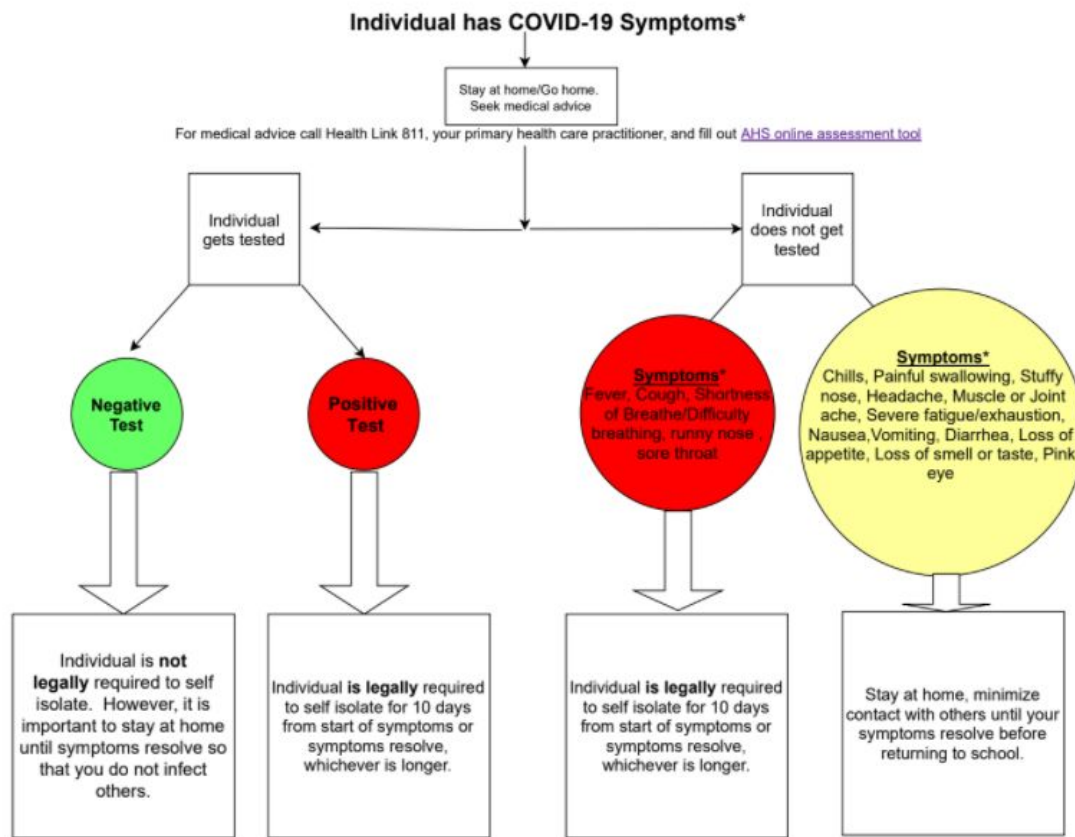
DAILY SCREENING CHECKLIST:

Please remember to complete the updated [COVID-19 Alberta Health Daily Checklist](#) with your student before they leave for school each morning.

[CLICK THIS LINK TO ACCESS THE AHS ONLINE ASSESSMENT TOOL](#)

STUDENT ILLNESS PROTOCOL:

Illness Response For Individuals With No Known Exposure To The COVID-19 Virus



*Note: If these are symptoms of a pre-existing condition and a person has tested negative to exclude these as COVID-19, then these rules do not need to be applied

Source: GOA Student Illness Sept. 3/20



[Addiction and Mental Health News](#) - Help for Back to School Stress, September 2020

[McMan Family Resource Network](#) - Services are available for all Albertans with children age 0-18. Click [HERE](#) for the Referral Form and [HERE](#) for more information.

[Tips to Help Your Child Be Comfortable and Confident Wearing a Mask](#)

[Counselling Corner and Resource Information](#)

Community Connections

Big Brothers Big Sisters:

Big Brothers Big Sisters is still providing mentorship opportunities, though it looks a little different! They are offering opportunities for virtual mentorship. "With virtual mentoring their mentee will need to have access to a device and be able to spend 30 minutes to an hour a week at a scheduled time to engage with their mentor.

With the support and help with the Program Coordinator, this program allows the mentor to help their Little (mentee) in many ways like homework, social interactions, learning a new skill, and the list goes on."

Move Your Mood

Virtual 4 week program focused on mindfulness, moving and fueling your body, as well as building healthy relationships! Open to all youth aged 9 and up! The program runs in the month of November, the deadline for sign up is Oct.28! To register visit www.sparcreddeer.ca and click on Move Your Mood!

Rise Up! Teen Anxiety Group-Vantage Community Services

Runs from 4:45pm-6:45pm on Thursdays, starting Nov.05 on Zoom! For youth aged 13-17

Topics will include the ways anxiety can impact our lives, mindful strategies for coping when feeling overwhelmed, and skills to practice stopping anxiety before it starts. Our groups are facilitated by experienced psychologists.

Register today by clicking visiting: www.vantagecommunityservices.ca Call 403-340-8995 if you have any further questions.

CONNECT with the Community Liaison Worker, Kersten Johnson Monday-Friday, 8am-4pm

Call or Text: (403)350-4577

E-mail: Kersten.Johnson@rdpsd.ab.ca

If your family requires assistance to be connected to community resources, family/student support, or referrals to other services, you can call, text, or e-mail Kersten Johnson Monday-Friday from 8am-4pm.

CONNECT with the School Counsellor, Karen Sveinson, Monday-Wednesday and some Thursdays, 8:30am-3pm

Call: (403) 342-3777

E-mail: karen.sveinson@rdpsd.ab.ca