



WE ARE CENTRAL CYCLONE SCOPE

[September 28th to October 2nd, 2020](#)

LAST CHANCE TO ORDER YOUR CMS GEAR FOR THIS YEAR!

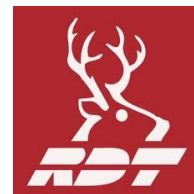
Visit the link to purchase your 'WE ARE CENTRAL' gear. Orders may be placed until September 28th and will arrive by the end of October, for those who have purchased.

<https://cmsfall2020.itemorder.com/sale>

Beginning Sunday Oct 4th, Red Deer City Transit will be implementing full service within the new bus route system. Designated school overload routes will remain the same and are not included in the new route changes. Students are encouraged to check out the new times to ensure they have all the information regarding their bus route.

<https://www.reddeer.ca/city-services/transit/routes-and-schedules/>

Please contact Red Deer City Transit by email at transit@reddeer.ca or by phone at 403-342-8225 for more information.



ATTENDANCE:



IF YOUR STUDENT WILL BE LATE OR ABSENT, PLEASE CONTACT THE OFFICE. CLICK THIS [LINK](#) FOR THE ATTENDANCE PHONE LINE AND EMAIL ADDRESS.

Any students or families needing help with acquiring appropriate footwear for PE class should touch base with their student's PE teacher(s) as soon as possible, We are more than happy to help get everyone an appropriate pair of shoes for participating in PE class to the best of their ability.



Reminder to Mr. Irvine's Outdoor Ed Class: You will be biking on Tuesday! Please remember to make sure your bikes are in good riding condition!

Running Club started September 11, and will continue every Tuesday and Thursday from 2:50pm until you complete your run around 3:30pm. October 8 will be our last run this year, so come join Mr. LaBrie and Ms. West, while the weather is nice for your choice of a 3km or 5km run! All staff and students welcome, as long as we have permission forms signed and handed in.



Wednesday, Sept 30th is **ORANGE SHIRT DAY!**

Please wear an orange shirt to show your support of Residential School Survivors. Click this [LINK](#) for information on the Orange Shirt Story.

Student Drop off and Pick Up - New Guidelines for CMS Please refer to the diagram.

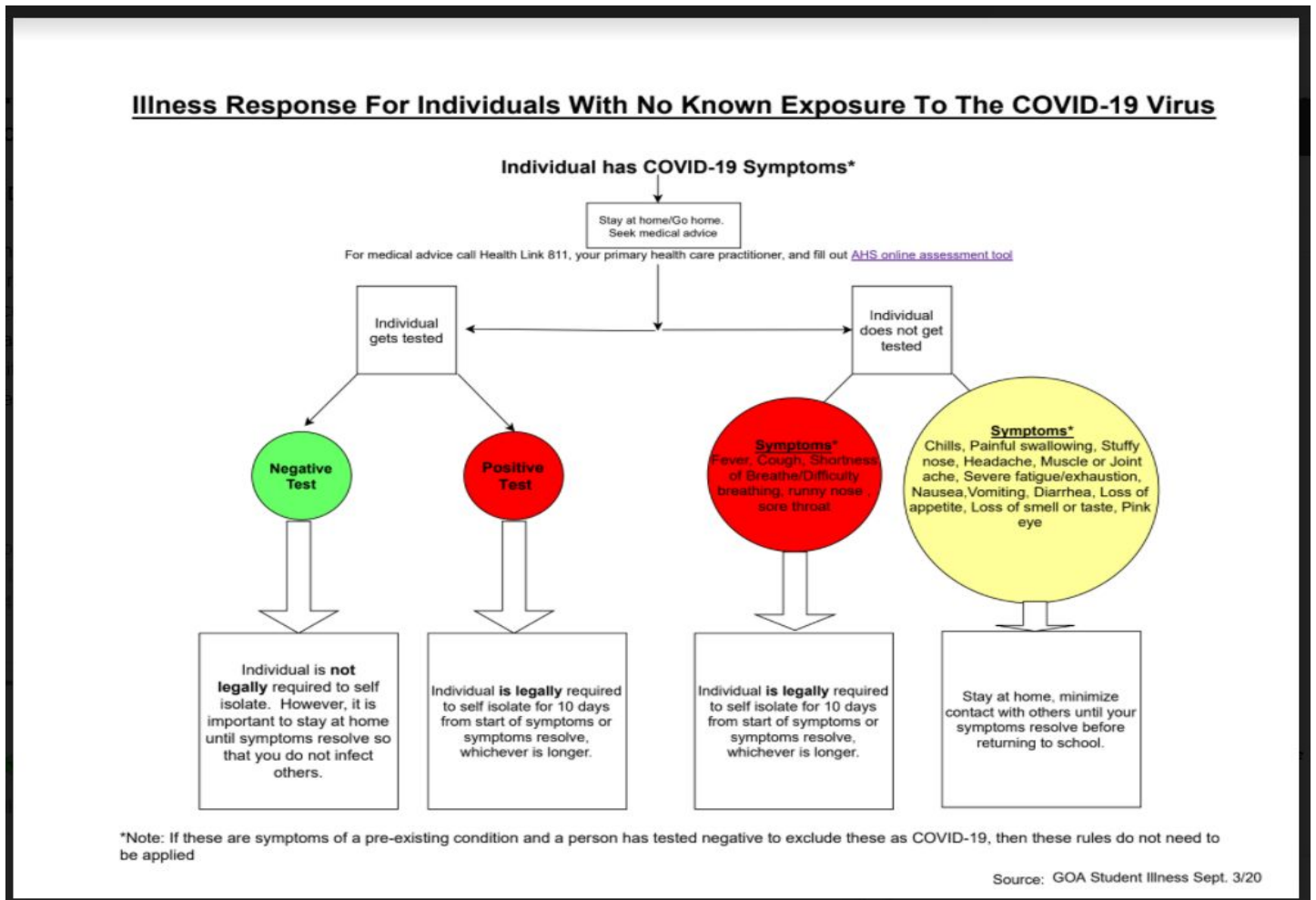
- 1) The areas in **RED** are **NO DROP OFF** areas for students. The red strip on 48 Ave is reserved for RD City Transit for picking up our students. Please avoid this area or be subject to ticketing.
- 2) Our parking lot continues to be a **NO DROP OFF area** between **7:45 - 8:30 am** and **2:30 - 3:00 pm** as we keep that area reserved for staff from CMS, Central Services and Alternative Programs.
- 3) The areas in **BLUE** are suitable **DROP OFF** areas. Note that we have met with the City of Red Deer and have permission for pick up / drop off. Signs in these areas will soon be changed to reflect this new reality that has been agreed to by the City and CMS. Please don't leave your vehicle.



STUDENT ILLNESS PROTOCOL:

Below is the most recent information to reference with regards to student illness and return to school. Thank you for your patience and understanding as we adapt to the most current data available.

[CLICK THIS LINK TO ACCESS THE AHS ONLINE ASSESSMENT TOOL](#)



DAILY SCREENING CHECKLIST:

Please remember to do the [COVID-19 Alberta Health Daily Checklist](#) with your student before they leave for school each morning. If you have questions regarding school COVID procedure, please reference the [RDPSD 2020/2021 Handbook For Students And Families](#).

HEALTHY HUNGER HOT LUNCH IS BACK!

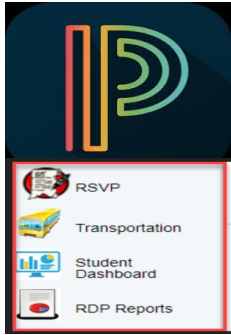
Please click on the link to create your parent account and place your order:

<https://healthyhunger.ca/>

- **The Pizza Boxx - Monday, October 26th (order deadline: October 21st)**
 - **Original Joe's - Monday, November 23rd (order deadline: November 18th)**
 - **Taco Time - Monday, December 14th (order deadline: December 9th)**
 - **Opa! - Monday, January 18th (order deadline: January 13th)**
 - **Memphis Blues BBQ - Monday, February 22 (order deadline: Feb 17th)**
 - **Chopped Leaf - Monday, March 22nd (order deadline: March 17th)**
 - **Quiznos - Monday, April 19th (order deadline: April 14th)**
 - **The Pizza Boxx - Monday, May 17th (order deadline: May 12th)**
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2020 -2021 Bell Schedule

8:00 am	First Bell - Door Open
8:10 am	Second Bell
8:15 - 9:02	Block 1
9:04 - 9:51	Block 2
9:51 - 10:01	Nutrition/Fitness Break in Classrooms
10:01 - 10:41	Block 3 - Lit/ Anglais/POS
10:43 - 11:30	Block 4
11:30 - 11:50	Grade 6 Lunch
11:30 - 12:00	Grade 7, 8 Activity Time
11:50 - 12:20	Grade 6 Activity Time
12:00 - 12:20	Grade 7, 8 Lunch
12:20 pm	End of Lunch Break Bell
12:23 - 1:10	Block 5
1:12 - 1:59	Block 6
2:01 - 2:48	Block 7



Please **CLICK HERE** to log in to the PowerSchool Parent Portal. If you do not have a PowerSchool Parent account yet, you can watch the instructional video by **CLICKING HERE**. **CLICK HERE** to download the instructions to create an account.

After creating your Parent Powerschool account, please complete the **RSVP** in the left hand column. You are required to update student information via the online RSVP each school year.

[Counselling Corner and Resource Information](#)

Tools for School

Need assistance when it comes to school supplies? You can apply for the Tools for School Program through Women's Outreach. Download the application here <https://www.womensoutreach.ca/programs/poverty/tools-for-schools/> Or contact Kersten Johnson, the Community Liaison Worker at 403-350-4577 for assistance with the application.

Food Insecurity

If you and your family are experiencing food insecurity or could use assistance, please contact the Community Liaison Worker for information on support. You can call or text Kersten Johnson at 403-350-4577

Connect with the Community Liaison Worker, Kersten Johnson Monday-Friday, 8am-4pm

Call or Text: (403)350-4577

E-mail: Kersten.Johnson@rdpsd.ab.ca

If your family requires assistance to be connected to community resources, family/student support, or referrals to other services, you can call, text, or e-mail Kersten Johnson Monday-Friday from 8am-4pm.

Connect with the School Counsellor, Karen Sveinson, Monday-Wednesday and some Thursdays, 8:30am-3pm

Call: (403) 342-3777

E-mail: karen.sveinson@rdpsd.ab.ca